



RECOVERY
CARE

amoena

Supporting Confidence

Cura Lymph

get into the flow

Introducing

AMOENA LYMPH CARE



THE AMOENA SOLUTION

Amoena is the world's leading breast care brand and the developer of the first silicone breast form. More than 45 years of experience and the strictest quality guidelines guarantee the highest product quality.

To support women on their journey through breast cancer, Amoena offers product solutions that are designed to complement each other and work together perfectly. From Recovery Care Products, Breast Forms & Shapers and Breast Care Apparel, Amoena products are designed to support women from diagnosis to the return to their everyday lives and beyond. This is what we call **the Amoena Solution**.

AMOENA'S COMMITMENT TO HIGH QUALITY

We are the trusted provider for over 17,000 retailers and distributors worldwide and have supported more than 30 million women with specific product solutions since 1975 – in Recovery Care, Breast Forms & Shapers, and Breast Care Apparel.

- ✓ A perfect fit
- ✓ Smart sizing
Our products are suitable for most shapes and sizes or small recurring fluctuations in size
- ✓ Tried-and-tested sizing system
- ✓ Easy to use
- ✓ Wide range of products
- ✓ Registered medical devices
- ✓ OEKO-TEX 100 certified materials
- ✓ Pollutant-free
- ✓ Sustainable materials and work processes
We use sustainable materials and raw materials wherever possible
We design our work processes sustainably wherever possible





WHERE HEALING BEGINS

RECOVERY CARE WHERE HEALING BEGINS

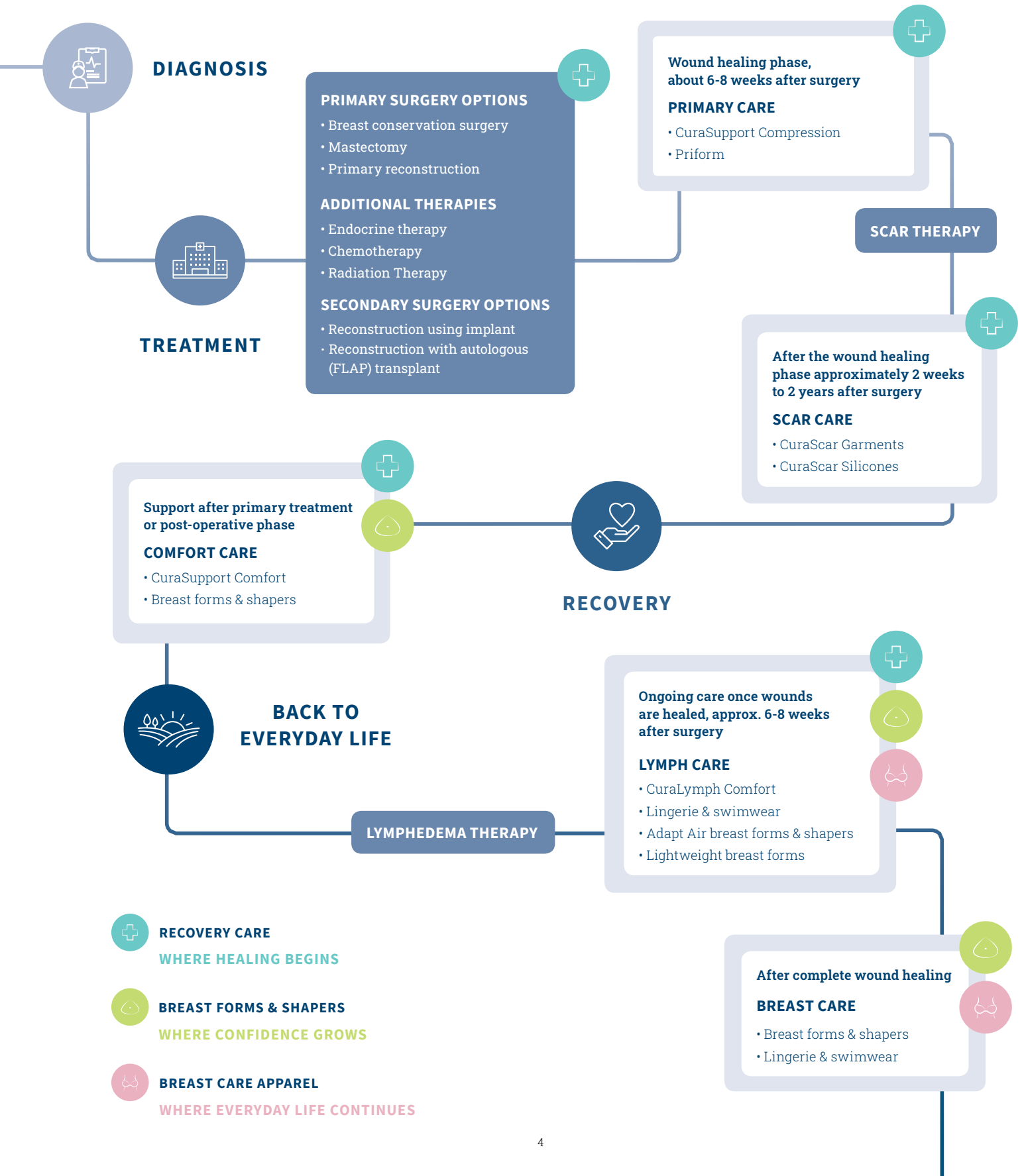
Amoena Recovery Care products have been specially developed for patients' needs during and after breast cancer treatment. Regardless of what type of treatment she's had, our products support her on the road to recovery.

Each phase in treatment and recovery presents specific challenges. At Amoena, we want to support the patient and offer products that are comfortable enough that she'll wear them as directed.

All our products are designed to be combined with each other in order to create optimal conditions for the recovery of every woman. Our extended product portfolio is based on our experience in breast care and aims to support self-confidence from the first day forward.

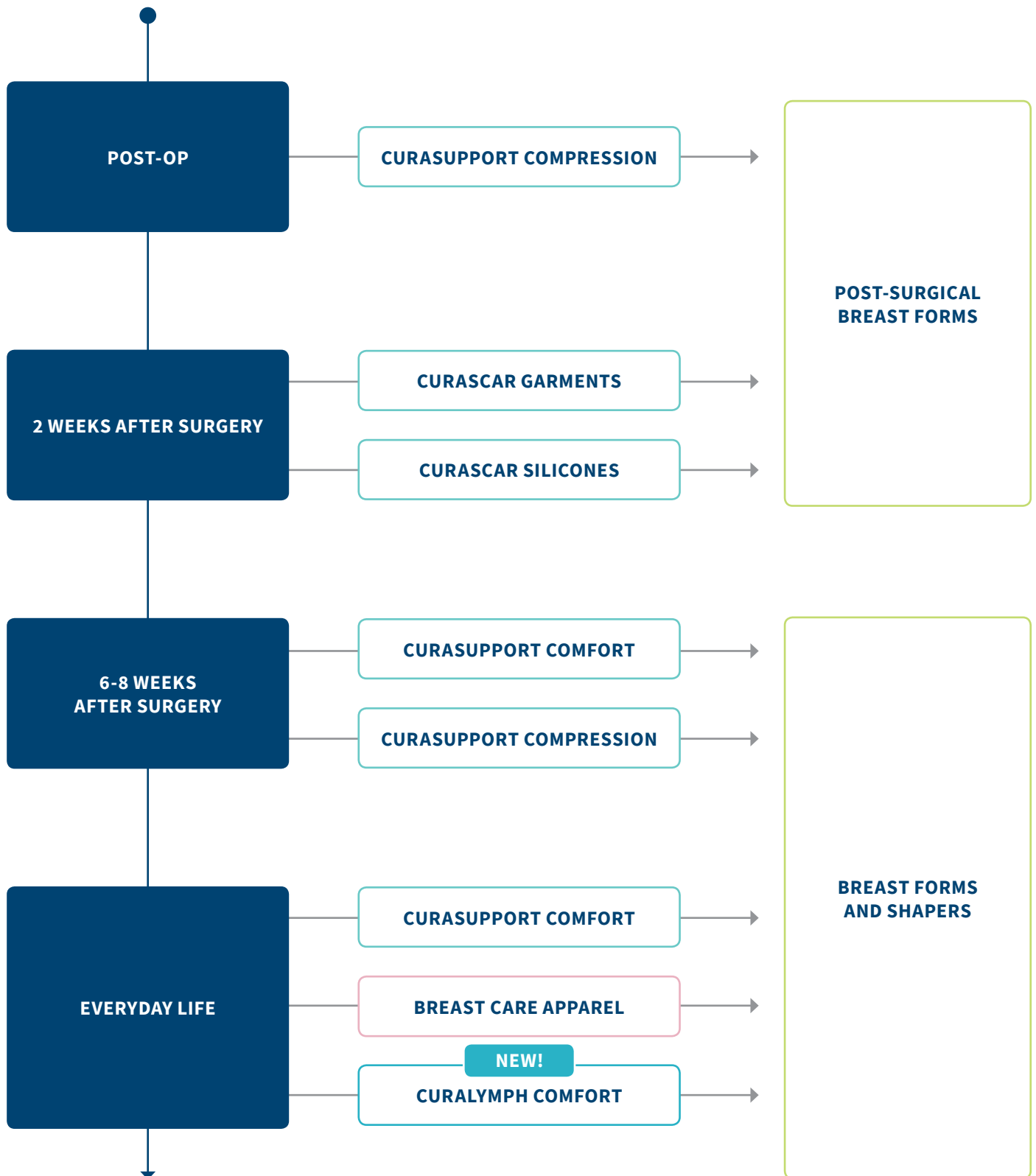
PATIENT JOURNEY

Breast cancer is a challenging diagnosis for patients and their families. Every woman is different — as is every case of breast cancer. Treatment plans vary, as well as follow-up care. This is why all of our product solutions are designed to complement each other and work together perfectly, however the individual needs to combine them.



RECOVERY CARE

AMOENA'S CARE CONCEPT



RECOVERY CARE PORTFOLIO OVERVIEW

CURASUPPORT



**CURASUPPORT
COMPRESSION**



**CURASUPPORT
COMFORT**



**POST-SURGICAL
BREAST FORMS**

CURALYMPH

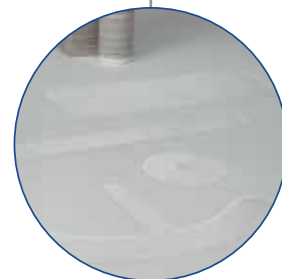
NEW!

**CURALYMPH
COMFORT**

CURASCAR



CURASCAR GARMENTS



CURASCAR SILICONES

AMOENA'S PRODUCT RANGE

How we meet her needs and requirements:
The right product for every woman.

You'll find the perfect product for each individual patient in Amoena's wide product range, specifically designed and adapted to patients' requirements and needs.

	PREMIUM	ADVANCED	BASIC
FEATURES	<p>Outstanding quality and innovative product developments.</p> <p>Our products represent the best quality and most personalized care standards.</p>	<p>Functional design using materials specially selected for their durability.</p> <p>A focus on women's needs using innovative manufacturing technologies.</p>	<p>The excellent Amoena quality you expect at attractive prices.</p> <p>Our products meet all her basic care needs without compromising on materials, workmanship, or design.</p>
Full medical efficacy	✓	✓	✓
Optimal comfort	✓	✓	✓
Special functions	✓	✓	
Customizable features	✓		



BACK TO
EVERYDAY LIFE



Ongoing care once wounds are healed,
approx. 6-8 weeks after surgery

- CuraLymph Comfort
- Lingerie & swimwear
- Adapt Air breast forms & shapers
- Lightweight breast forms

AMOENA'S NEW LYMPH CARE CONCEPT

The Amoena Lymph Care Concept supports patients after breast cancer treatment with mild lymphatic disease in the thoracic and/or chest area.

Our care concept combines products from Recovery Care, Breast Care Apparel and Breast Forms and Shapers. These product solutions complement each other well and care for the patient holistically.

For women with lymphedema:

- Constriction from shoulder straps and tight bands can prevent lymph drainage
 - Wide, padded shoulder straps are ideal
 - Soft bands and high coverage ensures a high level of comfort
- Movement is important in lymphedema therapy
 - Comfortable, supportive products and padded, wide straps are ideal for activities

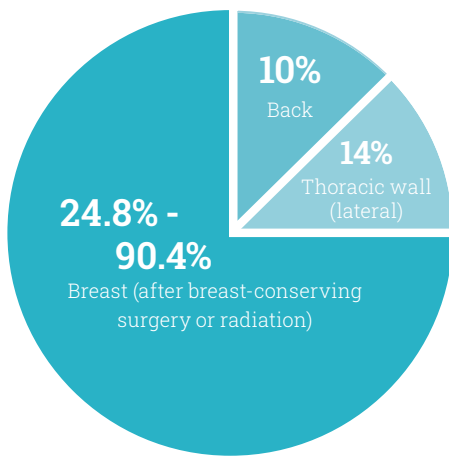


FOR EVERYTHING
IN BREAST CARE

LYMPHEDEMA AFTER BREAST CANCER TREATMENT

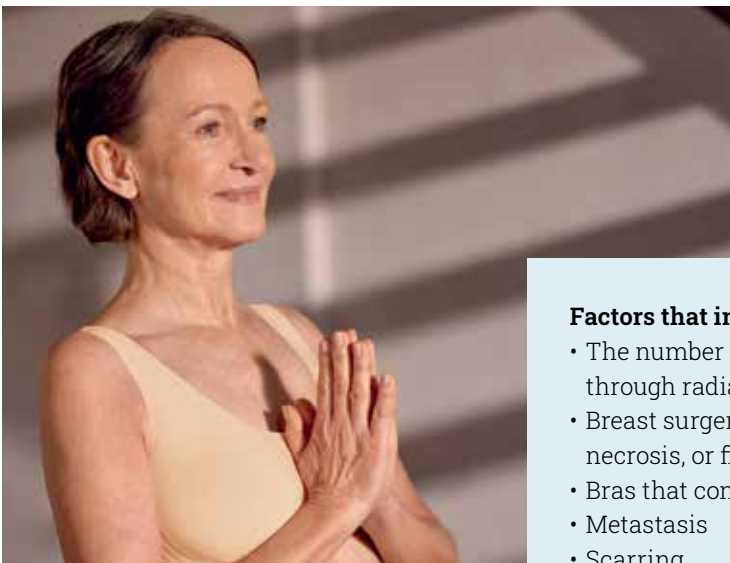
Our approach is to provide holistic care for women with breast cancer.

Many patients develop secondary lymphedema after surgery, whether mastectomy or breast-conserving therapy (lumpectomy), without even knowing it. Helping patients recognize these symptoms at an early stage and act accordingly, is our biggest goal and in our eyes, the best chance to noticeably improve the lives of those affected.



INCIDENTS¹

Secondary lymphedema after breast cancer treatment



Factors that increase lymphedema risk:

- The number of lymph nodes removed or damaged through radiation
- Breast surgery with complications such as wound infections, necrosis, or fibrosis
- Bras that constrict and don't fit properly
- Metastasis
- Scarring

¹ cf. Abouelazayem, M., Elkorety, M., & Monib, S. (2021). Breast Lymphedema After Conservative Breast Surgery: An Up-to-date Systematic Review. *Clinical breast cancer*, 21(3), 156–161. <https://doi.org/10.1016/j.clbc.2020.11.017>

Cura Lymph
get into the flow



LYMPH CARE CONCEPT

CURALYMPH COMFORT

Special textiles and bras to relieve pressure

LIANE

Top

ADVANCED



Sizes:

S (32-38 A; 32-34 B; 32 C)
 M (38-40 A; 36-40 B; 34-38 C; 34 D)
 L (42-44 A; 40-44 B; 38-42 C; 36-40 D; 36-38 DD)
 XL (44-46 B; 42-46 C; 40-44 D; 38-42 DD)
 2XL (46 C; 44-46 D; 42-46 DD)

Material:

56% Nylon, 36% Polyester, 8% Spandex

Features | Benefits

- **Wide, padded shoulder straps | Wide integrated bra band**
High level of comfort, relief of shoulders, avoids fabric cutting into the tissue so that lymph flow is not hindered
- **Light shaping effect**
High level of comfort for women with mild or light edema
- **Structured/textured material**
Light massage effect
- **Higher back neckline**
For more stability and coverage and high wearing comfort
- **Integrated cup pockets**
To hold breast forms and shapers in place
- **Hip length top**
Ideal for physical activities or sleeping



Style 44812
Sand/Light Sand

LINDA

Wire-free Bra

PREMIUM



3D technology channels

Sizes:

S (32-38 A; 32-34 B; 32 C)
 M (38-40 A; 36-40 B; 34-38 C; 34 D)
 L (42-44 A; 40-44 B; 38-42 C; 36-40 D; 36-38 DD)
 XL (44-46 B; 42-46 C; 40-44 D; 38-42 DD)
 2XL (46 C; 44-46 D; 42-46 DD)

Material:


67% Nylon, 33% Spandex

Features | Benefits

- **Innovative bonding technology with integrated cup pockets**
Flat seams prevent cutting into the skin and support lymphatic drainage; pockets hold breast forms and shapers in place
- **Wide shoulder straps**
High level of comfort, relief of shoulders, avoids fabric cutting into the tissue so that lymph flow is not hindered
- **Innovative SensElast® 3D technology on the side panels**
Fabric details under the arm that, when the wearer moves, create a light massaging effect, like gentle lymphatic massage
- **Higher cut sides and back**
More support and therefore a higher level of comfort
- **Soft padded back closure**
More coverage and high wearing comfort



Style 44811
Sand



Innovation at work.
 These garments have two innovative technologies from SensElast®:

- A **bonding technology** that joins materials together without the need for seams.
- A **3D technology** using 3D printing to create raised channels on the fabric, like the ones in the underarm area of these two garments.

Through these two innovations, a wide range of effects can be achieved to bring ultimate comfort to the wearer.



LYMPH CARE CONCEPT BREAST CARE APPAREL

Fits and finishes that offer holistic care

LESLIE

Wire-free Bra

ADVANCED



Sizes:

34-54 A, B, C, D, DD; 34-52 DDD; 34-50 G

Material composition:

88% Nylon, 12% Spandex

Features | Benefits

- **Structured/textured material including integrated cup pockets**
Light massage effect; holds breast forms or shapers in place
- **Cup construction developed especially for larger sizes**
Providing optimal care for all women
- **Extra high back and sides**
Ultimate wearing comfort, creating an even silhouette underneath clothes
- **Wide, padded shoulder straps**
High level of comfort, relief of shoulders, avoids fabric cutting into the tissue so that lymph flow is not hindered
- **Soft padded back closure**
More coverage and high wearing comfort



Style 44847

Sand

LAGOS

Tankini

ADVANCED



Sizes:
8-26 B, C, D, DD

Material composition:
68% Nylon, 32% Spandex



Style 71666
Black / Multi

Features | Benefits

- **Close-fitting cut & use of shaping material**
Light shaping effect
- **High neckline**
Conceals skin irritations or scars
- **High back cut and wide shoulder straps**
High level of comfort, relief of shoulders, avoids fabric cutting into the tissue so that lymph flow is not hindered
- **Ideal for large sizes**
Comfort for every shape
- **Material with extra high sun protection factor 50+**
Additional protection of skin and scars
- **LYCRA® XTRA LIFE™**
Long-lasting fit and shape retention
- **Amoena Wave Seam with integrated cup pockets on both sides**
Supports Amoena breast forms & shapers, including Aqua Wave swim form

LAGOS

Swim Bermuda

ADVANCED



Sizes:
8-26

Material composition:
68% Nylon, 32% Spandex



Style 71667
Black

Features | Benefits

- **Classic black**
Can be combined with any swim top
- **Shaping material**
Light shaping effect
- **Bermuda length**
Best possible coverage, fabric doesn't cut into skin or hinder lymph drainage
- **Ideal for large sizes**
Flatters every shape
- **Material with extra high sun protection factor 50+**
Additional protection of skin and scars
- **LYCRA® XTRA LIFE™**
Long-lasting fit and shape retention

Important to know!

Exercise is very important for lymphedema prevention and therapy. Swimming is particularly helpful – the pressure of the water and the movement stimulate lymphatic drainage.



LYMPH CARE CONCEPT

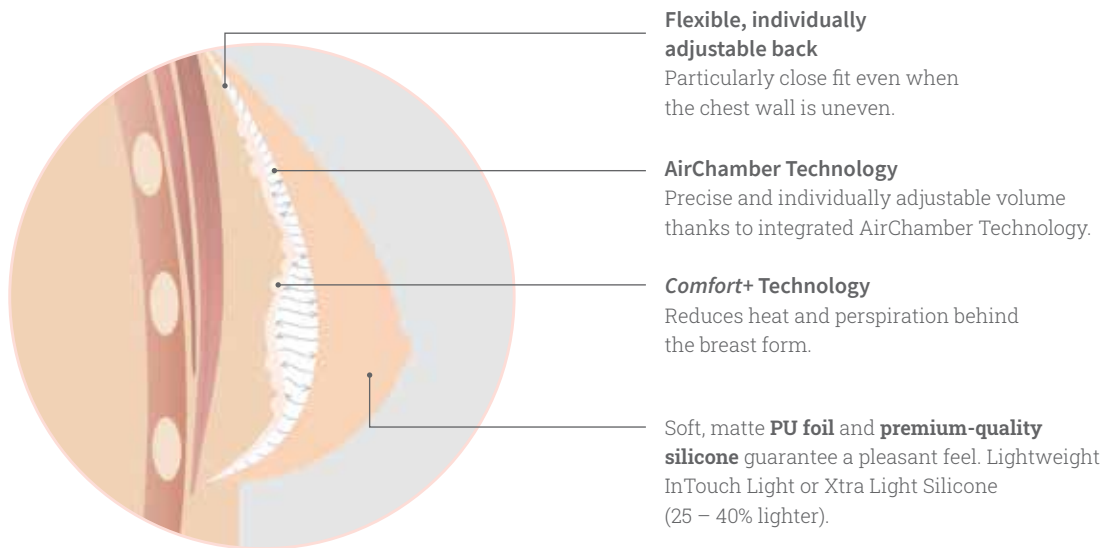
BREAST FORMS & SHAPERS

For some cases of lymphedema, it can make sense to minimize pressure on the shoulders, in order to avoid hindering lymphatic drainage. Our **lightweight breast forms** are **25% or 40% lighter** compared to standard breast forms. Due to the reduction in weight, there is less weight on the straps of the bra – this will **prevent the straps from digging in and allow lymphatic drainage**.

Adapt Air breast forms – the gold standard in modern breast care

Our innovative and award-winning Adapt Air breast forms allow an adjustment to their volume, using integrated air chamber technology and a flexible back. Especially in the case of lymphedema in the chest and the resulting size fluctuations, **a simple adjustment of the volume** can be helpful for a perfect fit.

Because it is between 25% and 40% lighter, the Adapt Air breast form is particularly comfortable to wear.



Did you know?

Our innovative Adapt Air is also available as a breast shaper for breast asymmetry in various designs: **Balance Adapt Air** – the easy-to-fit shaper. Find your perfect balance.



For particularly challenging fittings, our **Custom breast form** can be the optimal solution. Learn more at amoena.us/custom or scan code.







LEARN MORE



ADAPT AIR











BALANCE ADAPT AIR

Breast shaper with adjustable back

Image	Product Name	Style	Shape	Thickness	Suitable for a cup difference of:	Sizes	Colour
	Balance Adapt Air MD	233	Delta 	Average/Volume (adjustable)	1-2 cm and > 2cm 3/8" - 3/4" and > 3/4"	2-12	Ivory
	Balance Adapt Air SV	234	Varia 	Special shape	Cup difference method not applicable	S-XL	Ivory

ADAPT AIR

Breast form with adjustable back

Image	Product Name	Style	Cup Form	Weight	Shape ²	Sizes	Colour
	Adapt Air Xtra Light 1S ^N	328	 1 – shallow	40 % lighter	S 	1-14	Ivory
	Adapt Air Xtra Light 2S ^N	326	 2 – average	40 % lighter	S 	1-14	Ivory Tawny
	Adapt Air Light 1S ^N	329	 1 – shallow	25 % lighter	S 	1-14	Ivory
	Adapt Air Light 2S ^N	327	 2 – average	25 % lighter	S 	1-14	Ivory

Learn more online about the innovative Adapt Air!



FITTING ADAPT AIR



BALANCE ADAPT AIR



FEEL AT EASE AGAIN





THE AMOENA SOLUTION

amoena

Supporting Confidence


WE'RE HERE FOR YOU

Contact your Amoena Account Manager or Customer Care for more information.

 **By telephone**
1-905-826-9693

 **Via email**
infocanada@amoena.com

 **Online Ordering**
b2b.amoena.com/ca-en

 Amoena breast forms are CE certified.
Amoena is an ISO 9001 / 13485 / 14001 certified company.

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